

Retirement living with Style



Palisades on the Glen in Mississauga



Palisade Gardens in Cobourg

*Retirement Life Communities offers options to **suit every need***

When it comes to those “golden” years, sometimes a little “lead” gets into the mix. While people are living longer, healthier and more active lives in their senior years, there is a growing need for flexible retirement lifestyle options. Enter Retirement Life Communities — a company that builds and operates both rental and condominium retirement facilities that offer a continuum of services. From fully independent lifestyles to service oriented assisted living, clients at Retirement Life Communities can look forward to a menu of options to suit their particular needs.

President Josef Ger has a unique philosophy that he has incorporated into the social fabric of each of his communities. “Our core values are commitment, quality and integrity. We pride ourselves in providing the highest quality accommodations and services, while offering security and peace of mind to our residents and their families. Our philosophy is to make a positive difference in EVERYONE’S life that we touch . . . from our residents and their families to our staff and our partners. This is reflected in everything we do.”

One of the most exciting advantages offered by Retirement Life Communities is the communities in which they are located. You will find exceptional Retirement Life communities in Cobourg, Goderich and Mississauga with more being planned. Each city offers wonderful amenities, convenient shopping and services, theatres, golf courses and more. Many RLC residents relocate to these communities to enjoy the advantages of smaller town life as well as the opportunity to enjoy the equity they’ve accrued in their homes in larger cities.

RLC encourages their residents to stay active and stimulated. Residents are involved in a full roster of cultural, education and social programs that encourage them to socialize as well as indulge their individual interests.

“We believe that wellness has many dimensions: emotional, intellectual, cultural, physical and social,” says Ger. “That’s why our properties offer educational, exercise and wellness programs designed to support whole-person health strategies. These are accompanied by lifelong learning programs with plenty of intergenerational participation from the surrounding community. Your lifestyle is yours to choose - we help you make the most of it.”

Choice is also an important consideration for people thinking about moving to a retirement community. At RLC, residents can choose from many options allowing for as much independence as they wish. In most Retirement Life Communities, residents can choose to either rent or purchase a condo suite. There are spacious bachelor, one-bedroom, 1 bedroom + den, two-bedroom and two-bedroom plus den suites available. As well, meal plans are completely optional. People can choose to enjoy up to three gourmet meals a day, prepared for them and served in a delightful dining room or they can take care of their own meals in their own well appointed kitchens. Flexibility is built into the plan — when needs change, services, like meal plans, and additional housekeeping can be added at any time.

From the point of view of convenience, services like laundry, housekeeping, concierge, health & wellness activity daily, garbage removal and medication supervision are standard at RLC. For residents with more pressing needs, more care is available. The availability of a continuum of care makes the retirement choice more seamless. If a person’s needs change and they require increased services, these are available to them

at RLC — this means that people can look forward to staying in their home, among their friends even if their needs eventually change.

Imagine the peace of mind that comes from having 24-hour nursing and security staff around the clock to ensure that emergency response time is virtually instant. In fact, the staff at all RLC properties is key to the amazing environments you’ll find. Staff members are well-trained professionals who are hand selected to fit in well to the culture of RLC. Aside from having all of the proper credentials and experience, they have to be nice — courteous, respectful, helpful and caring. These are vital qualities when working with people.

“Retirement Life Communities is proud of our employees and their dedication to excellence,” adds Ger. “Our employees are a valuable resource, and contribute daily to the lives of our residents through their commitment to deliver the highest quality of care and service in the industry. Every employee is an important part of our reputation and the marketing of our residences. Our employees are the ambassadors of our standards and reputation. We encourage a team effort to meet and surpass our residents’ expectations.”

For people looking for a spotless, beautifully maintained and well looked after place to retire, with a committed staff and wonderful programs, Retirement Life Communities is one of the best options around. **CL**

FOR MORE INFORMATION

Visit the Presentation Gallery, located at the Glen Erin Inn, 1695 The Collegeway.

Call to book an appointment.

905.820.8210

palisadesontheglen.com