



DEAR RESIDENTS AND THEIR FAMILIES, STAFF AND FRIENDS:

I hope you and your loved ones are well.

I'm happy to kick off this week's communication with terrific news. Palisade Gardens and James Club have successfully completed all COVID 19 testing and to date we have no positive cases of the virus in our community. Congratulations to each and every one of you!

The resilience shown in the face of this pandemic has been nothing short of inspiring. I hope you all look back at this time and are proud of how you supported your community. I personally couldn't be prouder.

While our community is virus free, it will still be several weeks before we begin easing the outbreak measures and so I'm asking again for your continued support in following the physical distancing measures put in place by the government. Our community remains the most at risk of all demographics and without a vaccine or treatment we can't be too safe.

To help break up the days ahead and allow more opportunities for connection, we've established a few more activities that I hope you will take advantage of, including daily walking tours for groups of four people. Our activity director is coordinating these outings and I hope you sign up and get a breath of fresh air. We're also inviting residents to sign up for physically distanced gatherings in the lounge area for a drink, or the dining room for lunch. Please reach out to Karen, activity@palisadegardens.ca, to coordinate directly and stay tuned for more activities, including bingo for groups of four to begin soon.

For family members wishing to see their loved ones, we're inviting you to sign up for a physically distanced visit. We've designated one of our balconies to host the visits – residents can sit on the balcony with their loved ones safely distanced on the ground below. Simply reach out to Brenda, bthompson@palisadegardens.ca, and she'll schedule you for the soonest available time slot.

We can't yet commit to when outbreak measures will be lifted but I can say that we've planned our approach with guidance from health and government experts and will share details with you in an upcoming communication. Until then, we ask for everyone's assistance and support. Things are looking up, but we need to be smart about how we approach our roll out. Please bear with us as we continue putting the health and safety of all residents and employees at the forefront.

Sincerely,

Jason Mercier
Director of Operations, Retirement Life Communities Group of Companies